



The *SENIOR PATTERN ASSOCIATION*

Official S I G (Special Interest Group) of AMA

Dedicated to the building, flying and competition of vintage Pattern model aircraft

SPA NEWSLETTER www.seniorpattern.com MAY/JUNE 2015

PRECISION AEROBATICS from PATTERN'S Golden Age

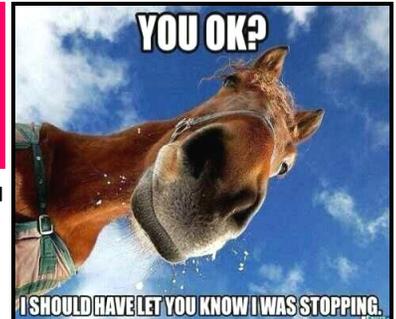
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TEXAS HUMOR PART II Pages 2 & 10

To honor our brothers in **SPA WEST**
Contributed by a good friend—
HE SAYS IT'S ALL TRUE!



2015	SPA EAST	SCHEDULE
DATE	LOCATION	CD

JUNE 19	HODGES (ANTIQUÉ) ANDERSONVILLE, GA	DAN DOUGHERTY
JUNE 20-21	CASS UNDERWOOD MEMORIAL	DAN DOUGHERTY
JULY 18-19	CULLMAN, AL	STEVE BYRUM
AUG 15-16	"HOTLANTA", GA	DAN DOUGHERTY
SEPT 12-13	PAT HAGAN MEMORIAL, ASHEVILLE	WILL HICKS
OCT 3-4	SPA EAST MASTERS, CHATTANOOGA	P. J. WRIGHT

2015	SPA WEST	SCHEDULE
DATE	LOCATION	CD

JUNE 13	GOLDEN TRIANGLE GRAND PRAIRIE, TX	FRANK COX
JUNE 20	TEXAS WINGS, FT. WORTH, TX	TONY STELLY
SEPT 26-27	SPA WEST OPEN, FT. WORTH, TX	KEN KNOTTS



Join our Discussion list from within the webpage or inform any officer and we'll "sign you up". It's like a gigantic Mailing-list, but at **NO CHARGE**. A service to membership and potentials from SPA.



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Laser Cutting
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Quality Balsa/Ply
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Custom Canopies



FROM THE PRESIDENT – The 2015 season has gotten off to a great start with two contests in the West Division and one in the East! Although the weather gods didn't smile on us during the week before the Alabaster contest, the rain did hold off long enough that a full six rounds were flown. It was great to see friends and competitors as things got started for 2015! Now we have Knoxville coming up on the East schedule this weekend and we can hope that the rains hold off long enough to get another contest in.

I saw on the Discussion List that the Great Planes Dirty Birdy ARF has been discontinued. This is sad news, indeed. This one airplane has dominated SPA competition for the past few years – I have close to 300 flights on mine. Of course, as one

person wrote on RC Groups, balsa and plans haven't been discontinued!

Nevertheless, ARFs have allowed a lot of competitors to get their feet wet in SPA competition without having to build a complete pattern airframe. Speaking of which, I have been very satisfied with my ARF Curare running an OS 55 AX with an 11x7 Master Airscrew 3 blade prop, a Macs muffler, and Pro Pattern 20-20 fuel. It weighs in at 6 lbs! This is a nice flying combination. Of course, one can never tell about the future availability of any ARF, so I keep a supply of kits on hand – a Dirty Birdy, two Compensators, two Deceptions (one is plans built), an Aeromaster (for Antique), a Daddy Rabbit that needs to be recovered, a Tiger Tail IV, and an LFX III. One of these days I'll get around to finishing some. Oh – and I have a Deception and a Bootlegger that need to be refit with modern gear. No end of projects to work on – if I can find the time.

I know that tropical storm Ana has put a cramp on sorely needed practice (sorry to hear that Russ) and the wild weather in the Midwest has surely stirred things up. Nevertheless, I hope that folks can get some practice time in and that the contests this season will be attended by one and all. Until next time, good flying and smooth landings!.....Jeff



A good joke between friends

The TEXAS FOOD PYRAMID



2015 Little Rock Senior Pattern Contest

April 11, 2015
 Hosted By The FARM Club
www.farmrcclub.com
 GPS: N 34° 35.939 W 092° 12.683

Arkansas hosts their 2nd annual SPA contest, and the 2015 WEST season opener. It was a good turnout considering the weather. It rained most of the week leading up to the contest. The field was good and wet with standing water, but we found a dry strip to safely land and takeoff. We all had a great time, enjoyed some good food and great fellowship.



Bobby Jr. getting a morning test flight with Dad looking on.



The field was a little "damp" this year

We had two pilots in Introductory class with 11 year old Bobby Jr. flying his 1st pattern contest.

INTRODUCTORY

- 1st: Dale Womack
- 2nd: Bobby Moran Jr.

Novice also had two contestants with Tab Bowland flying in his first contest. Tab and Gerry Stanford each won 2 of the 4 rounds.

NOVICE

- 1st: Gerry Stanford
- 2nd: Tab Bowland.



Dale



Gerry

In Sportsman, Johnny Westbrook took 3 of the 4 rounds and was on his way to a sweep when his airplane lost communications and his beautiful Super Kaos made a big sweeping turn behind the pilots and planted itself into a large pine tree.



SPORTSMAN

1st: Johnny Westbrook
3rd: Gary Nelson.



Johnny

Advanced class had the closest race of all with Mark Ehlers winning two rounds and taking first place. Jonathan Efinger won two rounds also and took third. Bill Vogeley took second with very consistent flying in all rounds.

ADVANCED

1st: Mark Ehlers
2nd: William Vogeley
3rd: Jonathon Efinger
4th: Chris Berardi.



Ken

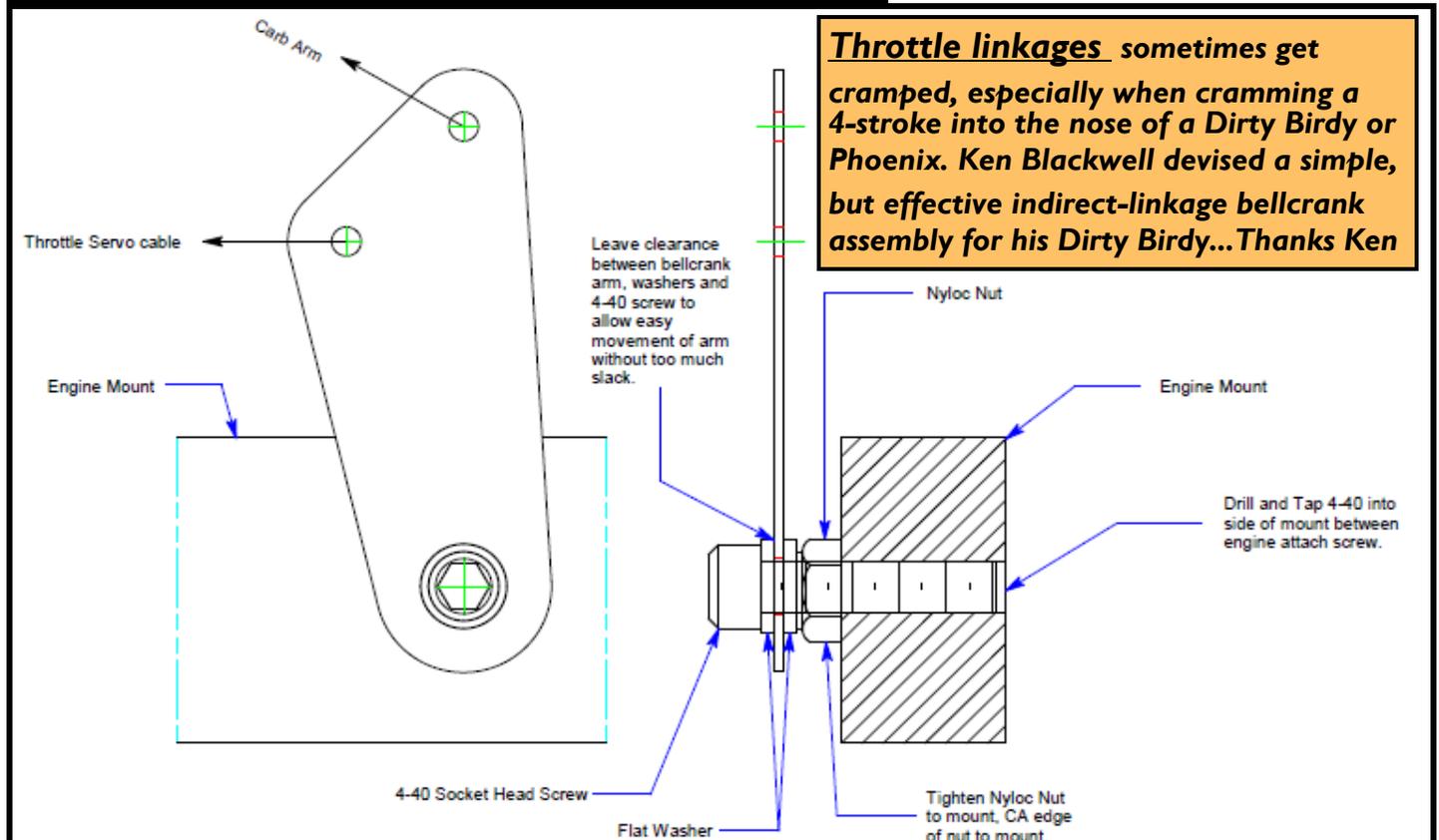


Mark

Ken Knotts won Expert as he was the only pilot but got some good practice flying in front of the judges.

A big thank you to the FARM Club and all the members who help put on this event and thank you to our sponsors: **Eureka Aircraft, Performance Model Aviation, Tower Hobbies ...Bobby Moran CD**

THROTTLE BELLCRANK ASSEMBLY



SPA East Opener

April 25-26th

...By Dave Phillips
and Jeff Owens

Alabaster
R/C Association



A rare SPA EAST group picture—for sure we need more of them. CD Dave Phillips had two pictures taken. This was the one where “...we were waving to Bruce in the hospital !!!” Bruce as our former SPA president, made it a practice to try to attend each and every east contest for all the years he was president—a sacrificial act in many cases, but he did it nonetheless. Even at “fringe” contests like Asheville, it meant a lot that he could be, (God willing), counted on to be there. Bruce had to miss Alabaster—this photo was a “class act” show of support by Dave, who was about to go into the hospital for his own surgical procedure the Monday following. Both are now recovering and getting ready for the rest of the season.

Talk about a whirlwind of a weekend, three day's of flying, worrying about the weather, then the defibrillator surgery on Monday ! Those of us who have been on the contest trail long enough know that weather forecasts are not always precise, but they sometimes scare potential competitors out of making that long drive, so first, I want to thank all that came to fly in spite of our weatherman's prediction. He was right on the 80% rain on Saturday, but it was gone by 8:30 AM, and gave us a real nice day for flying. The 10 pilots that made the trip in spite of the forecast were rewarded with a very laid back, fun contest.

Friday (practice day) was almost perfect with a little cloud cover and light winds. The guy's flew till almost dark with a lot of good ribbing about flying the new maneuvers ! After the flying concluded, we washed up and headed to the Longhorn Steak House for some good food and fellowship !! (what a great way to end the day)

As soon as I got home my thought's went right back to the weather forecast for Saturday, with the weatherman still calling for T'storms and 80% rain. I told Peggy that it just wasn't meant to be. At that point it looked like a rain out to me, but Saturday AM came and the rain stopped—we had a contest !! Sunday was a blue-sky beautiful day.

So, kudos to those brave souls who showed up to fly - they were treated to a great time by CD Dave Phillips and family, and the Alabaster Club who had the grounds in fantastic shape. Out of those attending, Charles Gray came all the way from Indiana, and Jim Oliver joined the contest trail again after laying off for a while - it's always great to see such dedication to SPA competition. welcome back Charles and Jim! We also realize that a number of competitors were unable to show due to medical issues—we missed those who couldn't attend.



Family Affair—Grandma Peggy with Lil Dave's boys Dave IV (rear) and Nathan

Continued...

NOVICE	
James Oliver	4000
Fred Robertson	3542
SPORTSMAN	
Dan Dougherty	4000
Charles Gray	3950
ADVANCED	
Scott Sappington	4000
Jim Johns	3900
Dave Phillips III	3866
SENIOR EXPERT	
Jeff Owens	4000
Dave Phillips Jr	3692
Keith Watson	3627

Four rounds were flown Saturday and two on Sunday with one flight line. It was fun to watch the new patterns being flown and I, (Jeff), didn't see or hear of any problems with the new sequences. We gave away our draw prizes with a little twist. I had two airplanes to give away with one being a sport airplane and the other being a Classic Pattern Kit—(Jim Kirkland Nutcracker)! Knowing everybody doesn't want a pattern plane, I offered a choice to the winner. I also did the drawing a little differently, as we drew 5 tickets out of the box then we drew again from the five giving the winner—Dr. Charles Gray !! Now you would think that being a pattern pilot, he would have taken the Nutcracker...nope...he took the sport plane !!! Speaking of Charles, he donated some very nice bolt assortment boxes, and a can of fuel was added from the Alabaster club. Our new President Jeff Owens won the fuel ! (funny thing though...our President Bruce Underwood won a can of fuel last year ...).

On a personal note, Bruce knew of my up and coming surgery and had talked to me all of last week telling me of how it had saved his life, and that I should not worry about having it done, (he knew I was apprehensive about the procedure.) As he was telling me about how great this thing was, he was having his own "EVENT" (as they call it), and wound up in the Hospital as you guys already know ! Once again the thing did its job ! Hey I be-leave ya Bruce !

The latest report is that Bruce is improving rapidly—and that's great news. We sure missed him at the contest. As I write this, I'm now back at home with a very sore chest with nothing to do but rest and get ready for the next contest at Knoxville. Let's hope that the weather will let more folks get in some practice by then so that we can have a great turnout.

Dave Phillips/Jeff Owens





Fort Worth THUNDERBIRDS



Beautiful weather with a bright sun shining greeted the pilots attending the spring SPA contest held on April 25, 2015. Of course the sun was directly in the eyes of the pilots most of the morning. There were 26 pilots who flew including some first time ever pattern flyers and one who is getting back into flying pattern.

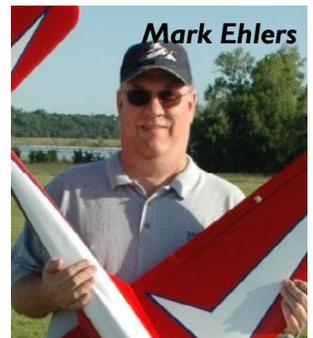
It seems there is always something to overcome at a contest. It was a west wind blowing up 18 MPH with gust to 23 and blowing the airplanes out from the runway—some of them way out. It was neat to see how much some of them yawed on landing.

Running two flight lines and keeping someone flying most all the time we were able to get 5 rounds in. There were



Logan Higby and Gary Nelson

a lot of tired bodies that went to the Mexican restaurant after the contest. Each class from Intro to Expert had at least 3 pilots competing for prizes. Advanced class had 8 pilots with 3 different ones winning a round. Mark Ehlers took first with Tony Stelly in second and Tim Reed third. Sportsman had 6 pilots with **Bobby Zikes** taking first with a pretty black and white Trouble Maker. Fourteen year old **Grant Schroeder** won the last round and took second followed by thirteen year old **Logan Higby**. It is really good to see the young guys competing and doing very well.



Mark Ehlers



Grant

SPA West "Farm System" Alive and Well

Grant Schroeder, (14) and Logan Higby, (13) are two of the best "up-and-coming" young pilots in the SPA West "farm system". Ken says both these guys can "really fly." With reflexes honed by many hours of video game training, they take to R/C pattern flying like a "duck to water". You guys in the upper classes will have to contend with them—and soon.



Logan

Bobby Zikes



Novice class had 5 pilots with first time SPA competitor **Benny Throne** won with Novice Points Champion Gerry Stanford was right on his heels with less than 6 points separating first and second. Kansas native Scott Murry took third.

Frank Cox took the Intro class flying a really nice yellow Super Kaos with Dennis Niles took second followed by first time pattern pilot Mark Wheeler who had some bad luck when his engine flamed out and the nose gear was broken on the dead stick landing. Frank also won the ARF Intruder raffle.

Expert class had a real shootout between winner **Pat Ensign** and Bill Rutledge with Pat taking first place. Pat flew a Curare (second in picture) kit that is really fast and Bill flew

his Intruder (first airplane in picture) with .91 four stroke engine slow and smooth. Long time pattern pilot **Bob Redmon** who had retired from flying is back in the hunt and flew an electric Compensator (3rd airplane in picture) to 3rd place. Welcome back to pattern Bob. As always, we need thank all those who helped make the contest a success. They include field preparation, registration, score entry, cooks and servers, score sheet runners, flight boss and set-up and take-down of all the equipment. Thanks guys and gals, we really appreciate you.

By Gary Alphin, CD



Benny Throne



Frank Cox



Pat Ensign



INTRODUCTORY

Frank Cox	4000
Dennis Niles	1644
Mark Wheeler	1132

NOVICE

Benny Throne	3824
Gerry Stanford	3819
Scott Murray	3527
Rex Misak	3081
Tab Bowland	2112

ADVANCED

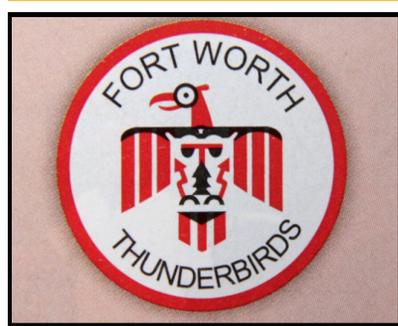
Mark Ehlers	3950
Anthony Stelly	3874
Tim Reed	3765
Michael Clements	3714
Gary Alphin	3641
William Vogeley	3605
Chris Berardi	2781
Jonathon Efinger	706

EXPERT

Pat Ensign	4000
William Rutledge	3950
Robert Redmon	3556
Ken Knotts	3217

SPORTSMAN

Bobby Zikes	4000
Grant Schroeder	3852
Logan Higby	3713
Gary Nelson	3458
Paul Mayhan	3062
Steve Ehlers	522



YOU CAN SAVE A LIFE!

From the editor: Many of us are “at an age,” so to speak where a serious medical emergency could suddenly occur without warning. Our own Scott Anderson has served as a paramedic for 18 years, (now retired from EMS). He remains health conscious however, and has offered to pass on to us some basic tips to remember

Today: heart attack & stroke



Recently we have heard that several of our flying friends having potential life threatening conditions. Past President Bruce Underwood’s recent harrowing trip to the flying field is a perfect example why you should not fly alone! How many of us do this, and do we know what to do in an emergency?

After 18 years in Emergency Services, as a Paramedic, and now retired from that career I have been doing some teaching at businesses on some basic First Aid, and want to share some of the information that may save you, a loved one or a dear friend and flying buddy.

How can we help ourselves in an emergency? 1) place a list of medications and allergies on a paper in your wallet. EMS and Emergency room staff are trained to look there for information if you are unable to answer. 2) take an old pill bottle and put that same info inside and leave in your glove box. These are basic acts that can help when time is of the essence.

Some of what we are going to look at might be a review for some, but there have been many changes over the years. Let’s look at some life threatening conditions. Let’s look at:



Heart Attacks: What is a heart attack? The simple version is a blockage in a vessel around the heart causing the muscle to die. If there is a problem with the heart electrical system causing irregular heart beats, this can cause cardiac arrest. Did you know that 1 in every 4 deaths is due to heart disease? Every year about 720,000 Americans suffer a heart attack.

So are there times when a heart attack is more likely? Yes! Monday is the highest risk day, also between 5 am and 10am and during this time you can have 20% more heart damage. Also heavy exercise before mid-day increases the risk. Yes Saturday and Sunday are the lowest chance days to have a Heart attack.

Did you know Heart Attacks are different between Men & Woman! Let’s look at some of the symptoms of a heart attack.

“Classic” heart attack symptoms are typical in men. Although women may experience similar symptoms, they often exhibit less intense, but still dangerous signs of heart attack.

common in men & women	common in women
<ul style="list-style-type: none"> ▶ Crushing chest pain ▶ Cold and profuse sweating ▶ Nausea ▶ Pain radiating to neck or left arm ▶ Sudden onset of symptoms 	<ul style="list-style-type: none"> ▶ Profound sense of fatigue ▶ Shortness of breath ▶ Flu-like discomfort ▶ Feeling of indigestion, heartburn ▶ Symptoms for a number of days

heart attack symptoms

Chest discomfort: Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness, or pain.

Discomfort in other areas of the upper body: Symptoms can include pain/discomfort in one or both arms, the back, neck, jaw, stomach even a toothache.

Shortness of breath: with/without chest discomfort.

Other signs: May include breaking out in a cold sweat, nausea or lightheadedness.

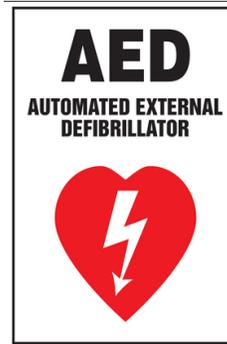
Now For the Ladies: “I thought I had the flu”

Even though heart disease is the #1 killer of woman, the symptoms often present in a more subtle way. Women often chalk up the symptoms to less life-threatening conditions like acid reflux, the flu or even normal aging. While female symptoms are often less “dramatic”, they may also present with the same seriousness as the male. Any of these symptoms should be checked out right away.

CPR- So what do you do if you find your flying buddy down at the field, or someone collapses at a family gathering? The way CPR is performed has changed—both for the professional and the lay person. The attached video link describes the newest version for the lay person performing CPR- it is easy and only the hands are used.

The following video is for an ADULT only
<https://www.youtube.com/watch?v=zSgmledxFe8>

So does CPR really work? You bet!, and the percent for success increases when you add an **(AED = Automated External Defibrillator)**, to the treatment, These defibrillators can be found at malls, airports or other locations of large gatherings of people, Some RC sites even have them. Did you know that 70% of the public feel helpless in a cardiac emergency because they don't know CPR or are afraid to hurt the victim.

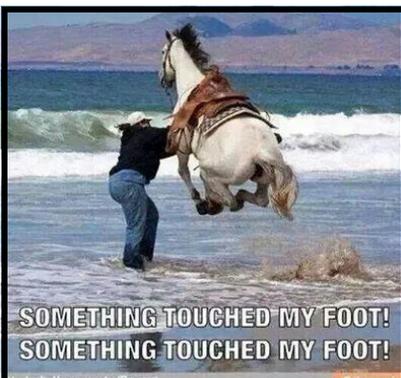


Of the 222,000 victims of **sudden cardiac arrest**, *(a condition in which the heart suddenly and unexpectedly stops beating—when this happens, blood stops flowing to the brain and other vital organs, and the victim is in an immediate serious predicament)*, 10,000 SCAs happen at work, and 80% suddenly happen in a private or residential setting. **Any attempt at CPR is better than no attempt.** “Hands-Only” CPR performed by a bystander has been shown to be as effective as conventional CPR. Studies with immediate defibrillation have shown up to 60% survival one year after sudden cardiac arrest.

Stroke: Another life threatening and life altering event is a Stroke. What is a stroke or CVA , (Cardiovascular accident)—The short and sweet version is damage to the brain caused from an interruption of its blood supply. Here are some quick facts about Stroke:

- Stroke is a leading cause of serious long-term disability.
- Stroke accounts for 1 out of every 19 deaths, equal to one American dying from stroke every 4 minutes.
- Have you ever heard someone say they had a mini stroke? A mini stroke or **TIA** (Transient Ischemic Attack) is a **big warning sign** of an impending major stroke. Up to 40 % of all people who have experienced a TIA will go on to have an actual stroke, and nearly half of all strokes occur within the first two days after a TIA. If you or someone you know ever experiences the symptoms of a TIA, don't ignore it—instead consider it as a GIFT OF TIME, and have it checked out immediately.
- <https://www.youtube.com/watch?v=wH7k5CFp4hl>

NEXT TIME: We expose ourselves to rotating prop blades, long days in sometimes sweltering heat exposed to the elements, plus uneven terrain at flying sites during a contest—these also can be potentially life threatening. Happy landings, and work on staying healthy....Scott



ALPINE, TX
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 Pop. 5636
 Zip 79830
 Total 91899



GUNS DON'T KILL PEOPLE DADS WITH PRETTY DAUGHTERS KILL PEOPLE.

Tornado warning in Texas!
 All residents advised to go to Cowboys Stadium
 No chance of a touchdown there!

Cool Links & Other Things

The following internet links & “Other Things” are selected for your aviation-related, (or not) enjoyment
Courtesy of Colonel Chuck Winter—USAF

- **Great photos and quotations. Study the photos. Many of life's problems can be solved by applying these clever sayings from recently declassified military secrets...**
<http://www.doyletics.com/tidbits/militaryadvice.pdf>
- **THESE ARE "ACTUAL" QUOTES TAKEN FROM AUSTRALIAN FEDERAL GOVERNMENT EMPLOYEE PERFORMANCE EVALUATIONS:**
 - 1) "Since my last report, this employee has reached rock-bottom and has started to dig."
 - 2) "I would not allow this employee to breed."
 - 3) "This employee is really not so much of a has-been, but more of a definite won't be."
 - 4) "Works well when under constant supervision and cornered like a rat in a trap."
 - 5) "He would be out of his depth in a parking lot puddle."
 - 6) "This young lady has delusions of adequacy."
 - 7) "He sets low personal standards and then consistently fails to achieve them."
 - 8) "This employee should go far, and the sooner he starts, the better."
 - 9) "Got a full 6-pack, but lacks the plastic thingy to hold it all together."
 - 10) "A gross ignoramus...144 times worse than an ordinary ignoramus."
 - 11) "He doesn't have ulcers, but he's a carrier."
 - 12) "He would argue with a signpost."
 - 13) "He brings a lot of joy whenever he leaves the room."
 - 14) "When his IQ reaches 50, he should sell."
 - 15) "If you see two people talking and one looks bored, he's the other one."
 - 16) "A photographic memory but with the lens cover glued on."
 - 17) "Gates are down, the lights are flashing, but the train ain't coming."
 - 18) "He's got two brains, one is lost and the other is out looking for it."
 - 19) "If he were any more stupid, he'd have to be watered twice a week."
 - 20) "If you give him a penny for his thoughts, you'd get change."
 - 21) "If you stand close enough to him, you can hear the ocean."
 - 22) "It's hard to believe he beat out 1,000,000 other sperm."
 - 23) "Some drink from the fountain of knowledge; he only gargled."
 - 24) "Takes him 2 hours to watch '60 minutes'."
 - 25) "The wheel is turning, but the hamster is dead."
- **Arthur Ray Hawkins** was the leader of that first Blue Angel team in 1946. In Laura Hillenbrand's book *Unbroken*, she describes an actual event at war's end that happened, when the filthy (from manual coal mining) POWs were allowed to pass through the prison camp's barbed-wire gates to wash in the abutting river. A lone F6F Hellcat (as opposed to the movie's multi-engine bomber) flew over at a few thousand feet, and in response to the POWs' wild jumping and waving, descended much lower and proceeded to perform an impromptu air show with loops, rolls, wingovers, and lots of wing-wagging as answering waves. A slight break of acrobatics for a couple of mild turning circles and then an extremely low, slow pass—canopy open, pilot waving—as a note was dropped . . . and quickly retrieved: **FOOD, MEDICINE, AND HELP—ON THE WAY.** That Hellcat pilot was Arthur Ray Hawkins.

<https://www.youtube.com/watch?v=RnMZQATbenM>

SENIOR PATTERN ASSOCIATION MEMBERSHIP APPLICATION

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OUR
WEBSITE**

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Name _____

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Date of Birth: ____ — ____ — ____ AMA Number _____

Telephone (____) _____ E-Mail _____

Mail this form along with check/money order made out to The Senior Pattern Association for \$20.00 to: Eric Nessler 2080 Smokymill Rd. Dublin, Ohio 43016

Eric Nessler
2080 Smokymill Rd.
Dublin, Ohio 43016

